

Mentor SILVA CUP 2023

International Orienteering Event

Enjoy **3** days of

wild
Orienteering
in Romania!

06-08 October 2023

Târgoviște - Moreni

Sprint, 7 Legs Mixed Relay & Middle WRE



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FEDERAȚIA ROMÂNĂ
DE ORIENTARE



**Mentor
SILVA**

mentorsilva.ro



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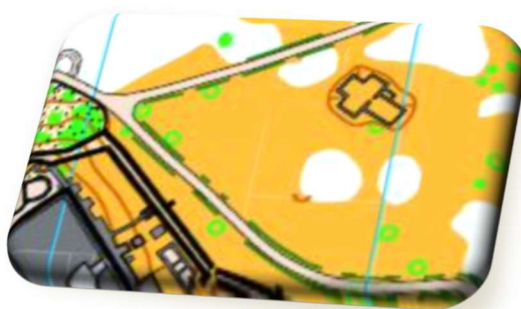
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Bulletin 3

Târgoviște-Moreni, Romania,
06 – 08 October 2023

General information

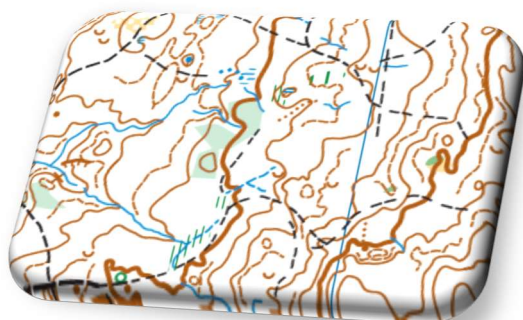
3 Days Event Mentor Silva Cup 2023.



▲ Sprint

▲ 7 Legs Mixed Relay (2nd edition)

▲ WRE Middle Distance



Organizers

Main organizer: Mentor Silva Club Bucharest – <https://mentorsilva.ro>

Sprint co-organizers: Romanian Orienteering Federation

Palatul Copiilor Târgoviște

National controller: Niculina MAIORESCU

I.O.F. Adviser: Gabriel MAIORESCU

Sponsors and partners:



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Calendar of the event

October, the 6th – Sprint, National Championship Sprint Stage Event

October, the 7th - 7 Legs Mixed Relay

October, the 8th – Middle Distance – World Ranking Event (M21E, W21E)

Program

Day	Hours	Event	Location
Friday October 6 th	14:00 – 16:00	Registration of participants Distribution of participation kits and sponsors' gifts.	Târgoviște, Finish Area
	16.30	Mentor Silva Cup – Sprint National Championship Sprint Stage Event	GPS: 44.933635, 25.456895
Saturday October 7 th	8:00 – 9.00	Registration of participants Distribution of participation kits and sponsors' gifts.	Moreni, Finish Area
	10:00	Mentor Silva Cup – 7 Legs Mixed Relay	GPS: 45.003984, 25.663011
Sunday October 8 th	10:30	Mentor Silva Cup – Middle Distance WRE	Moreni, Finish Area
	14:00	Prize Giving Ceremony for Sprint, Relay and Middle Distance	GPS: 45.003984, 25.663011

Terrain

▲ **Sprint** – Park area with medieval fortress ruins – Curtea Domneasca- Turnul Chindia .

▲ **7 Legs Mixed Relay and Middle Distance** – beautiful orienteering challenging forest, hilly, with intricate contour details.



Classes and Rules

▲ Sprint - National Championship Sprint Stage Event

MW12, MW14, MW16, MW18, MW20, MW21E, MW35, MW40, MW45, MW50, MW55, MW60, MW65, MW70, MW75, MW80, Open, Open Family

▲ 7 Legs Mixed Relay

- Relay teams may be formed of athletes belonging either to the same club, or to other clubs. However, every relay must include **at least 3 female** athletes.
- Every team will align 7 relay athletes, running in the order and classes mentioned below:

Relay leg	Category	Equivalent
1	Kids 1	M/W 12
2	Masters 2	M/W 55
3	Kids 2	M/W 16
4	Juniors	M/W 20
5	Masters 1	M/W 45
6	Elite 2	M/W 35
7	Elite 1	M/W21

- Every relay team must have a captain (it could be the coach or other person). The captain will decide the distribution of runners in his relay, according to the required order, taking into consideration that at least 3 female athletes must run the relay.
- Every captain may invoke the right for “Jolly Joker”, only one time, during the 3rd leg. If the relay team decides they have lost too much time in the first three legs, they may ask for Early Elite. This means that either Elite1 or Elite2 may run in the 4th leg and, instead, the Junior will take the 6th or the 7th leg. The captain’s decision must be communicated to the organizer during the 3rd leg, before the 3rd leg runner arrives at the spectators’ control.

▲ WRE Middle Distance

The classes for Mentor Silva Cup Middle Distance race are:

MW12, MW14, MW16, MW18, MW20, MW21E, MW35, MW40, MW45, MW50, MW55, MW60, MW65, MW70, MW75, MW80, Open, Open Family.



Technical details:

▲ 6th of October, Sprint, Târgoviște

Distance Finish – Start: 500 m. Quarantine area will be closed at 16:10. Start: 16.30.

Category	Length (Km)	Course code	Map Scale
M12	1.8	C	1:4000
M14	1.8	C	1:4000
M16	2.4	A	1:4000
M18	2.4	A	1:4000
M20	2.4	A	1:4000
M21	2.4	A	1:4000
M35	2.4	A	1:4000
M45	2.4	A	1:4000
M55	2.2	B	1:4000
M65	1.8	C	1:4000
M75	1.3	E	1:4000
M85	1.3	E	1:4000
Open	1.4	D	1:4000
Open for Technically Advanced	1.8	C	1:4000
W12	1.4	D	1:4000
W14	1.4	D	1:4000
W16	2.2	B	1:4000
W18	2.2	B	1:4000
W20	2.2	B	1:4000
W21	2.2	B	1:4000
W35	2.2	B	1:4000
W45	2.2	B	1:4000
W55	2.2	B	1:4000
W65	1.4	E	1:4000
W75	1.4	E	1:4000



▲ 7th of October, 7 Legs Mixed Relay, Moreni. Start 10:00

Leg	Category	Equivalent	Length (km)	Map scale	Course type
1	Kids1	M/W 12	2.1	1 : 5000	Butterfly
2	Masters 2	M/W 55	3.1	1 : 7500	Relay combinations
3	Kids 2	M/W 16	2.8	1 : 7500	Relay combinations
4	Juniors	M/W 20	3.8	1 : 7500	Relay combinations
5	Masters 1	M/W 45, M/W50	3.9	1 : 7500	Relay combinations
6	Elite 2	M/W35, M/W40	4.2	1 : 7500	Relay combinations
7	Elite 1	M/W21	5.1	1 : 7500	Relay combinations

▲ 8th of October, Middle Distance WRE, Moreni

Distance Finish – Start: 850 m with 90m climb. Start: 10:30.

Category	Length (Km)	CP	Map Scale
M12	2.1	9	1:7500
M14	2.5	12	1:7500
M16	3.1	14	1:7500
M18	3.5	14	1:7500
M20	5.2	19	1:7500
M21	5.2	19	1:7500
M35	5.2	19	1:7500
M40	4.3	15	1:7500
M45	3.5	14	1:7500
M50	3.1	14	1:7500
M55	2.8	11	1:7500
M60	2.8	11	1:7500
M65	2.6	11	1:7500
M70	2.4	9	1:7500
M85	1.7	10	1:7500
Open	2.1	9	1:7500
Open for Technically Advanced	2.6	11	1:7500
W12	2.1	9	1:7500
W14	2.5	12	1:7500
W16	2.6	11	1:7500
W18	3.1	14	1:7500
W20	4.2	15	1:7500
W21	4.2	15	1:7500
W35	3,5	14	1:7500
W50	2.8	11	1:7500
W55	2.6	11	1:7500
W65	2.4	9	1:7500



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Entry fees

Race	Classes	Until 1 July 2023	Until 1 August 2023	Until 25 September 2023
Sprint	M/W 12, 14, Open, Open Family	3 EUR	3 EUR	4 EUR
	M/W 16, 18, 65, 70, 75	6 EUR	6 EUR	7 EUR
	M/W 20, 21, 35, 40, 45, 50, 55, 60	8 EUR	8 EUR	9 EUR
Middle Distance	M/W 12, 14, 16	6 EUR	8 EUR	10 EUR
	M/W 18, 20, 35, 40, 45, 50, 55, 60, 65, 70, 75, Open, Open Family	8 EUR	10 EUR	12 EUR
	M/W 21	10 EUR	12 EUR	15 EUR
Relay	The fee is for the entire 7 athletes relay team.	210 EUR	230 EUR	250 EUR
		The relay consisting of 7 members from the same club, finishing the race, will receive back a bonus of 200 EUR.		

- Registration will be through platform orienteeringonline.net
- If needed, entries can be submitted via our e-mail: mentor_silva@yahoo.co.uk
- Elite classes – M/W21, just for the third stage – MD, should make an additional entry through the IOF Eventor Page.
- Entry is not valid until the entry fee is received in the organizer's account.
- All fees have to be paid either in EURO, or in Romanian currency (RON), in advance, to bank account, until the deadline for entries.
- No entries will be accepted for Relay after the last deadline. For Middle Distance, later entries may be accepted if vacant positions in the start list are available.
- Invoice shall be sent by email 3 days after the payment has been registered.



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Banking details

Asociatia Club Sportiv Mentor Silva

Adress: Calea Mosilor 310, Bl.58BIS, Ap. 32, Sector 2, Bucharest

- For EUR payments:
IBAN: RO85 BTRL EURC RTOP 8968 1701
- For RON payments:
IBAN: RO03 BTRL RONC RTOP 8968 1701

Ceremonies and awards

Prize Giving Ceremony will be held on 8th of October, starting with 14:00. The stages will be awarded separately, thus:

▲ 7 Legs Mixed Relay

1st place – 2500 Eur + entry fee paid for the future edition of Mentor Silva Cup for Kids 1, Kids 2 and Juniors.

2nd – 1500 Eur + entry fee paid for the future edition of Mentor Silva Cup for Kids 1 and Kids 2.

3rd – 1000 Eur entry fee paid for the future edition of Mentor Silva Cup for Kids 1.

▲ WRE Middle Distance and Sprint

The first three places for all categories will receive diplomas and prizes. The first 6 places of W/M21 WRE will be awarded separately.

Bonus

The relay consisting of 7 members from the same Club, finishing the race, will receive back a bonus of 200 EUR.

The relays attending three successive editions of Mentor Silva Relay Events, preserving all along the 3 years at least 4 athletes, will receive a bonus of 500 Eur.