

Mentor SILVA CUP 2025

International Orienteering Event

Enjoy 3 days of

wild
Orienteering
in Romania!

19 - 21 September 2025

Curtea de Argeş - Argeş County
Sprint WRE, 7 Legs Mixed Relay & Middle WRE



XLAB SOLUTIONS



FEDERAȚIA ROMÂNĂ
DE ORIENTARE



**Mentor
SILVA**

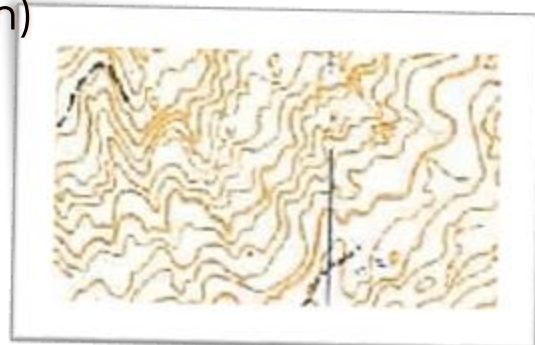
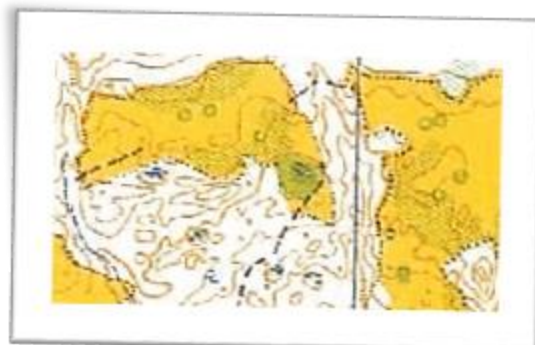
mentorsilva.ro

Enjoy 3 spectacular races in
Curtea de Argeș, Romania,
19 – 21 September 2025

General information

3 Days Event Mentor Silva Cup 2025.

- ▲ WRE Sprint
- ▲ 7 Legs Mixed Relay (4th edition)
- ▲ WRE Middle Distance



Organizers

Main organizer: Mentor Silva Club Bucharest – <https://mentorsilva.ro>

Event Manager: Ciprian POPA

National controller: Gabriel MAIORESCU

I.O.F. Adviser: Niculina MAIORESCU

Sponsors and partners:

Buletin 3

Calendar of the event

September, the 19th – Sprint - World Ranking Event, National Championship Sprint Stage Event

September, the 20th - 7 Legs Mixed Relay

September, the 21st – Middle Distance – World Ranking Event

Preliminary Schedule

Day	Hours	Event	Location
Friday September, the 19 th	15:00–16:30	Registration of participants Distribution of participation kits and sponsors' gifts.	Curtea de Arges, Fantana lui Manole Park 45.15543026, 24.67301577
	16: 45	Quarantine closure	
	17:00	Start in Mentor Silva Cup – Sprint WRE, National Championship Sprint Stage	
Saturday September, the 20 th	8:00 – 9:00	Registration of participants Distribution of participation kits and sponsors' gifts.	Curtea de Arges – Zigoneni 45.0928639, 24.6912581
	10:00	Start in Mentor Silva Cup – 7 Legs Mixed Relay	
Sunday September, the 21 st	10:00	Start in Mentor Silva Cup – Middle Distance WRE	Curtea de Arges – Zigoneni 45.0928639, 24.6912581
	14:00	Prize Giving Ceremony for Sprint, Relay and Middle Distance	

Terrain and maps

▲ **Sprint** - Urban area with paved alleys, parks, and buildings

▲ **7 Legs Mixed Relay & Middle Distance** – New maps 2024-2025 of beautiful orienteering challenging forest, hilly, with intricate contour details, with areas varying from excellent to quite difficult runnability and visibility.

Technical Data

▲ **Sprint, 19 September, Curtea de Argeș,**
GPS 45.15543026, 24.67301577

Parking is possible on street 1 Decembrie 1918, next to Manole Park (Parcul lui Manole), the Event Centre.

Distance from Event Centre to Quarantine and Start: 1150m, marked route. The Quarantine area is provided with access to toilets. In the Finish area, the public toilet will be marked on the map.

The traffic is not restricted! The main street should be crossed on Zebra crossing, where policemen will be present.

Category	Length (minimum real distance in km)	PC
A_M21/M35	3.9	23
A_M16/M18	3.9	23
B_M45	3.3	18
C_M12/M14	1.9	14
E_M55/M65	3	14
F_M75/M85/Open	1.6	12
B_W21/35/45	3.3	18
B_W16/W18	3.3	18
D_W12/W14	1.6	13
E_W55	3	14
F_W65/70	1.6	12

▲ Relay, 20 September, Zigoneni, GPS 45.0928639, 24.6912581

Leg	Category	Length (km)
1	Elite 2	3.5-3.7
2	Kids 1	2.2
3	Master 2	2.6-2.7
4	Kids 2	2.6-2.7
5	Juniors	3.3-3.4
6	Master 1	3.3-3.4
7	Elite 1	4.5



▲ Middle Distance – WRE, 21 September, GPS 45.0928639, 24.6912581

Category	Length (km)	Climb (m)	CP
M12	2.20	60	11
M14	2.70	70	12
M16	2.90	135	14
M18	4.10	210	17
M20	4.90	240	21
M21	4.90	240	21
M35	4.90	240	21
M40	4.10	210	17
M45	4.10	210	17
M50	2.90	135	14
M55	2.90	135	14
M60	2.40	110	11
M65	2.40	110	11
M70	2.10	110	9
M75	2.10	110	9
Open	2.20	60	11
Open Th.	2.10	110	9
W12	2.20	60	11
W14	2.30	70	10
W16	2.40	110	11
W18	2.90	135	14
W20	4.10	210	17
W21	4.10	210	17
W35	4.10	210	17
W40/45	2.90	135	14
W60	2.10	95	9
W65	2.10	95	9

Classes and Rules

Classes and Rules

▲ WRE Sprint - National Championship Sprint Stage Event

The classes for Mentor Silva Cup Middle Distance race are:

MW12, MW14, MW16, MW18, MW20, MW21E, MW35, MW40, MW45, MW50, MW55, MW60, MW65, MW70, MW75, MW80, Open, Open Family

▲ 7 Legs Mixed Relay

Rule no. 1

- Relay teams can be made up of athletes belonging to the same club, as well as to other clubs.

Rule no. 2

- Each relay team must include **at least 3 female** athletes.

Rule no. 3

- Each relay team will line up 7 athletes, who will run in the classes mentioned below:

Relay leg	Category	Equivalent
1	Elite 2	M35/W21
2	Kids 1	M/W 12
3	Masters 2	M/W 55+/W 14 *
4	Kids 2	M/W 16 / M 14 *
5	Juniors	M/W 20
6	Masters 1	M45/W35
7	Elite 1	M21

Rule no. 4 *

- Athletes of W14 class are accepted to run the M/W55 leg, being aware of the technical level of the race, specific to this Master class.

Rule no. 5 *

- Athletes of M14 class are accepted to run the M/W16 leg, being aware of the technical level of the race, specific to the 16 years category.
- Athletes of M/W65+ class are accepted to run the M/W55 leg, being aware of the length of the race, specific to the 55 years category.

To glorify their courage, the organizer will award them a 5-minute bonus!

Rule no. 6

- Every relay team must appoint a captain, bearing the following tasks:
 - decides the distribution of athletes in his relay
 - monitors & follows the **Rules of Relay**
 - communicates with the event manager
 - nominates & invokes the “Jolly Joker” of his relay

Rule no. 7

“Jolly Joker”

- The order of the relay legs is the one indicated above.
- However, if the captain decides that his/her relay has lost too much time after the first two legs – the team is more than 20 minutes behind the leader at the spectator control – he/she may ask for the **“Jolly Joker”** swap, meaning that the remaining 5 legs may run in whatever order the captain chooses.
- Swapping orders won't interfere with the courses/ classes (i.e. Elite1 will still run their M21 course; Juniors will still run their M/W20 course).
- However, it's each runner's responsibility to pick up the correct map

Rule no. 8

- Captain's decision must be communicated to the event manager **before the 2nd Leg runner arrives at the spectators' control.**

Rule no. 9*

- Mass start of the delayed relays is permitted only after the final ranking of the first 6 relays.
- Mass start is permitted only per one class at once.
- Classes will be allowed to start every 5 min.
*subject of event manager's decision

Rule no. 10

- The relay is being officially registered only by nominating all the 7 athletes per Leg.
- Reserves may be nominated only if not part of another relay team.

❖ WRE Middle Distance

The classes for Mentor Silva Cup Middle Distance race are:

MW12, MW14, MW16, MW18, MW20, MW21E, MW35, MW40, MW45, MW50, MW55, MW60, MW65, MW70, MW75, MW80, Open, Open Family.

Entry fees and bonuses

Race	Classes	Until 15 May 2025	Until 15 July 2025	Until 5 September 2025
Sprint	M/W 12, 14, Open, Open Family	3 EUR	4 EUR	4 EUR
	M/W16,18, 65, 70, 75	6 EUR	6 EUR	7 EUR
	M/W 20, 21, 35, 40, 45, 50, 55, 60	8 EUR	8 EUR	9 EUR
Middle Distance	M/W 12, 14, 16	7 EUR	9 EUR	10 EUR
	M/W18, 20, 35, 40, 45, 50, 55, 60, 65, 70, 75, Open, Open Family	10 EUR	14 EUR	16 EUR
	M/W21	12 EUR	16 EUR	18 EUR
Relay	The fee is for the entire 7 athletes relay team.	280 EUR	300 EUR	380 EUR
		The relay consisting of 7 members from the same club finishing the race, will receive a bonus of 300 EUR at the end of the race.		
		The relay team which includes 4 female athletes finishing the race, will receive a bonus of 150 EUR at the end of the race.		
		The relay team which will line up a Master athlete running the Elite1 (M21) class, will receive a bonus of 150 EUR at the end of the race.		

- Registration will be through platform orienteeringonline.net. If needed, entries can be submitted via our e-mail: mentor_silva@yahoo.co.uk
- Elite classes – M/W21 should make an additional entry through the IOF Eventor Page for Sprint and Middle Distance races.
- **Entry is not valid until the entry fee is received in the organizer's account. The date of the payment will be considered the date of entry.** If registration is cancelled before the last deadline, 80% of the paid fee will be reimbursed. If registration is cancelled after the last deadline, 50 % of the paid fee will be reimbursed. Changes in names, SI card/category are accepted until 14 September. After this date, changes are possible only if there are vacant places available in the start list.
- All fees have to be paid either in EURO, or in Romanian currency (RON), in advance, to bank account, until the deadline for entries.
- No entries will be accepted for Relay after the last deadline. For Sprint and Middle Distance later entries may be accepted if vacant positions in the start list are available.
- Invoice shall be sent by email 3 days after the payment has been registered.

Banking details

Asociatia Club Sportiv Mentor Silva

Adress: Calea Mosilor 310, Bl.58BIS, Ap. 32, Sector 2, Bucharest

- For EUR payments:
IBAN: RO85 BTRL EURC RTOP 8968 1701
- For RON payments:
IBAN: RO03 BTRL RONC RTOP 8968 1701

Ceremonies and awards

Prize Giving Ceremony will be held on 21st of September, starting 13:00. The stages will be awarded separately, thus:

❖ 7 Legs Mixed Relay

1st place – 3300 EUR + entry fee paid for the future edition of Mentor Silva Cup for sprint and middle distance, for the participants running Kids 1, Kids 2 and Juniors.

2nd place – 1950 EUR + entry fee paid for the future edition of Mentor Silva Cup for sprint and middle distance, for the participants running Kids 1 and Kids 2.

3rd place – 1350 EUR + entry fee paid for the future edition of Mentor Silva Cup for sprint and middle distance for the participants running Kids 1.

❖ WRE - Middle Distance and Sprint

The first three places for all categories will receive medals and small prizes. The first 6 places of W/M21 WRE will be awarded separately.

More to see at the venue and in the surroundings of the event, in Argeş

- **Curtea de Argeş**, medieval royal seat of Wallachia Country – part of Romania and famous royal orthodox cathedral where Romanian kings rest along centuries, including Queen Mary of Romania.
- **Vidraru Lake** in beautiful Fagaras Mountains, the highest in Romania.
- **Transfagarasan Road**, according to Trip Advisor, citing the reviews made by Top Gear, “the most beautiful road in the world”.
- **Poienari Fortress of Vlad Tepes (Dracula)** is situated in Poienari, 25 km away from Curtea de Arges, on the way to crossing Fagaras Mountains on Transfagarasan Road and Vidraru Lake. It is a fearsome medieval fortress used by Vlad Tepes for defence against the Otomans. It takes 1480 stairs to climb to it, so...

